

NISA-PT- DACS

From: PTC WASHINGTON DC//ALARACT//
[DAADMINISTRATOR@PTSC.PENTAGON.MIL]
Sent: Thursday, July 21, 2005 11:52 PM
To: DACSCABLES@HQDA.ARMY.MIL
Subject: ALARACT 145/2005

Importance: Low

UNCLAS

PRECEDENCE TO: ROUTINE DTG: 220334Z JUL 05
PRECEDENCE CC: ROUTINE
TYPE: DMS SIGNED/ENCRYPTED
FROM PLA: PTC WASHINGTON DC//ALARACT//
FROM D/N: C:US,O:U.S. Government,OU:DoD,OU:ARMY,OU:ORGANIZATIONS,
L:CONUS,L:WASHINGTON DC,OU:DA PENTAGON
TELECOMMUNICATIONS(uc),OU:ALARACT RELEASE AUTHORITY(UC)
SUBJECT: ALARACT 145/2005
TEXT:
UNCLASSIFIED//

THIS MESSAGE HAS BEEN SENT BY THE PENTAGON TELECOMMUNICATIONS CENTER ON BEHALF OF DA WASHINGTON DC//DAMO-2A//.

SUBJECT: CHANGE 1 ? APFT STANDARDS FOR SOLDIERS ENROLLING IN WARRANT OFFICER CANDIDATE SCHOOL (WOCS) OR OFFICERS CANDIDATE SCHOOL (OCS)

REFERENCE:

A. ALARCT MESSAGE, DTG 240236Z JUN 05, SUBJECT: SAB B. AR 350-1, ARMY TRAINING AND EDUCATION, 9 APRIL 2003 C. FM 21-20, PHYSICAL FITNESS TRAINING, 30 SEPTEMBER 1992.

1. THE PURPOSE OF THIS MESSAGE IS TO CLARIFY ARMY TRAINING POLICY IN THE FOLLOWING AREA: APFT STANDARDS FOR SOLDIERS APPLYING FOR AND ATTENDING WARRANT OFFICER CANDIDATE SCHOOL (WOCS) OR OFFICER CANDIDATE SCHOOL (OCS).
2. EFFECTIVE IMMEDIATELY, SOLDIERS APPLYING FOR WOCS OR OCS WHO ARE NOT ABLE TO TAKE AND PASS THE STANDARD THREE-EVENT APFT, MAY REQUEST A WAIVER TO AR 350-1 TO TAKE THE ALTERNATE APFT.
3. ACTIVE COMPONENT SOLDIERS WILL SUBMIT AN APFT WAIVER REQUEST IN MEMORANDUM FORMAT WITH A COPY OF THE PERMANENT PROFILE WITH THEIR APPLICATION PACKET THROUGH THE RESPECTIVE CHAINS-OF-COMMAND TO THE HUMAN RESOURCES COMMAND FOR OCS OR U.S. ARMY RECRUITING COMMAND FOR WOCS. REQUESTS WILL BE FORWARDED THROUGH THE HQDA DIRECTOR OF TRAINING FOR REVIEW/CONSIDERATION, AND TO THE DEPUTY CHIEF OF STAFF, G-3/5/7 FOR FINAL DECISION.
4. RESERVE COMPONENT SOLDIERS WILL SUBMIT THEIR APPLICATION PACKET WITH WAIVER REQUEST IN MEMORANDUM FORMAT WITH A COPY OF THE PERMANENT PROFILE THROUGH THE APPROPRIATE CHAIN-OF-COMMAND TO NGB FOR ARMY NATIONAL GUARD SOLDIERS AND OCAR, FOR ARMY RESERVE SOLDIERS. REQUESTS WILL BE FORWARDED THROUGH THE HQDA DIRECTOR OF TRAINING FOR REVIEW/CONSIDERATION, AND TO THE DEPUTY CHIEF OF STAFF, G-3/5/7 FOR FINAL DECISION.
5. SOLDIERS MUST BE FULLY DEPLOYABLE, ABLE TO MEET ALL PHYSICAL REQUIREMENTS IAW AR 40-501 AND MEET HEIGHT/WEIGHT STANDARDS IAW AR 600-9. IN ADDITION, SOLDIERS MUST BE ABLE TO COMPLETE ALL ASPECTS OF TRAINING TO INCLUDE ALL ROAD MARCHES IN THE PRESCRIBED GEAR AND UNIFORM.
6. THIS DOES NOT APPLY TO CIVILIAN ACCESSIONS FOR EITHER OCS OR WOCS.

7. QUESTIONS CONCERNING THIS POLICY CHANGES MUST BE DIRECTED THROUGH THE ARMY MACOM TO HQDA.

8. THE HQDA POC THIS ACTION IS MSG CHARLES TIMMS, (703) 614-9812, CHARLES.TIMMS@HQDA.ARMY.MIL.

MESSAGE RELEASE APPROVAL

BG LOUIS W. WEBER

DIRECTOR OF TRAINING

EXPIRATION DATE CANNOT BE DETERMINED.

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DA ID: 2050293

MTSID: c=US;a=DMS;p=GOV+DMS+NIPR;l=AVTAYZ05-050722033436Z-22322

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